



AAADO
Nurse Sub-committee

Asian Association for Dynamic Osteosynthesis

The 8th Orthopaedic Nursing Conference 2014
18th October, 2014

Kai Chong Tong, PEC, Prince of Wales Hospital, HONG KONG

Towards Healthy Ageing

Programme

Time	Content	Speaker
08:00 – 08:30	Registration	
08:30 – 08:40	Welcome Remarks Given by President of AADO	Dr Ning TANG
08:40 – 08:55	Keynote Speech - Age-friendly Environment for Healthy and Active Ageing	Prof Alfred C M CHAN
08:55 – 09:10	Keynote Speech – The Ways Towards Health Ageing	Ms Jane LIU

Session I - Current Trend in Fragility Fracture Management

Moderators: Eva AU , Mei-chee WONG

09:10 – 09:35	Clinical Pathway for Fragility Fracture Patients in Hong Kong	Dr Wan-yiu SHEN
09:35 – 10:00	Role of Integrated Care Manager in Hip Fracture Management	Ms Stephanie W L TAI
10:00 – 10:25	Management of Osteoporosis & Sarcopenia: Orthopaedic View	Dr Sheung-wai LAW
10:25 – 10:50	Management of Osteoporosis & Sarcopenia: Geriatrician View	Dr David DAI

10:50 – 11:10

Tea Break

Session II – Free Paper presentations

Moderators: Pui-man CHAU, Mandy TSANG

Literature Review on Dietary Approach for Osteoporosis Prevention	Yue-jiao HUANG
Effect of Drug-psychology Combined with Analgesia on Preoperative Pain and Psychological State in Patients with Degenerative Scoliosis	Liu-hua QIN
An Integrated multi-disciplinary Patient Management Documentation for Total Knee Replacement Surgery	Seraphina S K CHIU
Observation and Nursing of Ankle Dorsiflexion's Active Restriction After Total Knee Arthroplasty	Xiuyun CHEN
Extend Nursing Care: Application of Ice Therapy to Reduce Soft Tissue Swelling and Pain in Orthopedic Ward	Yuen-king LIN
Nurse-led Ambulatory Arthroplasty Nurse Clinic	Carmen K M LO

12:10 – 13:30

Lunch Break



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Session III – Towards Happy Ageing - Moderators: Elsa CHUNG, Sze-nga WONG		
13:30 – 13:50	Healthy Ageing in China	Ms Jianying ZHU
13:50 – 14:10	Therapeutic Exercise Prescription for Promoting Healthy Ageing	Ms Leona F P YAN
14:10 – 14:30	Nurse's Role in Management of Osteoporosis	Ms Yuen-yee WONG
14:30 – 15:00	Open Forum – Towards Health Ageing	All Speakers
15:00 - 15:30	Tea Break	
Session IV – The Way Ahead - Moderators: Joyce MAK, Wai-sum YU		
15:30 – 15:50	Fragility Fracture Registry in Hong Kong	Prof Kwok-sui LEUNG
15:50 – 16:10	Difficulty and Progress of FFR in Hong Kong	Dr Kin-bong LEE
16:10 – 16:30	Early Experience of Setting up a Fragility Hip Fracture Registry in Hong Kong	Ms Violet W F YUEN
16:30 – 16:40	Discussion	
16:40 – 16:50	Award Paper Presentation	
16:50 – 17:00	Closing Remarks Given by Chairperson of Nurse Sub-committee	Ms Joyce LAI